






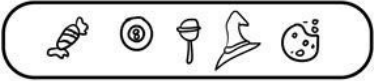


# Wihnemne School

Wah ye mba waychaymnuh  
Kaskatinowi Pîsim  
October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Volleyball in Alexis - Junior High	2 Awards 10:30	3	4
5	6	7	8	9	10 Thanksgiving Lunch	11
12	13 No School	14	15	16  Picture Day	17	18
19	20	21	22	23	24 Wellness Swimming 11-2:30	25
						
26	27	28	29	01	31 Happy Halloween Wear your costume!	2



Find the Hidden Pictures

**PRACTICE STONEY AND CREE**  
"Where are you from?"

"I am from ..."

"Toh nih-Kih-daw-cha?"

"Toh nih Kih ..."

"Tante ohci Kîya"

"ehocîh ' yân ..."

ENGLISH  
STONEY  
CREE

## Principal's note

Dear Families and Community,

Autumn has arrived, and with it comes a fresh energy in our classrooms and school community. September was a month of settling in, learning routines, and building relationships. I am proud of how our students, staff, and families have worked together to create a positive start to the year. Thank you for joining us for Meet the Teacher night, we had a wonderful turn out!

In October, we look forward to many exciting learning opportunities and events. We will be focusing on Responsibility, for example - owning our actions, following through and keeping promises, this helps students take accountability for their learning and role in community.

This month also brings important days for reflection and community connection, including Thanksgiving (Oct. 10) and Halloween (Oct. 31). Please watch for notes from your child's teacher regarding classroom activities.

Thank you for your continued support. Together we're creating a welcoming and thriving school for every student. Please don't hesitate to reach out if you have questions or ideas.

Warmly,

Adrianne Cleary



**A message from  
Magushin T  
Mary Theresa Bird  
2025  
October  
Waheyemba  
Wihchimna  
Usually we call  
October, Rockober  
Let's Sing  
Let's laugh  
Let's eat  
Let's dance  
Let's rock this joint  
Families and Friends**





# HEADSTART

As fall has arrived, our Head Start program has been busy exploring, and seeing how our preschoolers are growing, learning, and expressing themselves! We've been working hard on building routines, and getting to know what school is all about. Along the way, we're strengthening both fine and gross motor skills through lots of playful practice.

To celebrate the season, we're also looking into an exciting trip to the corn maze! 🌽 Keep an eye out for permission slips coming home soon—make sure to sign and return them so your child doesn't miss out on the fun!

## K4

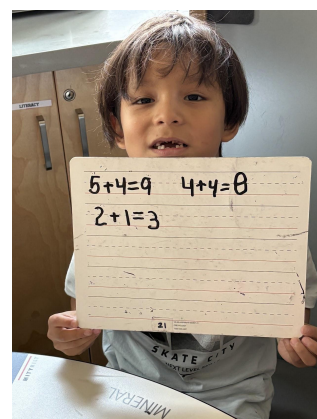
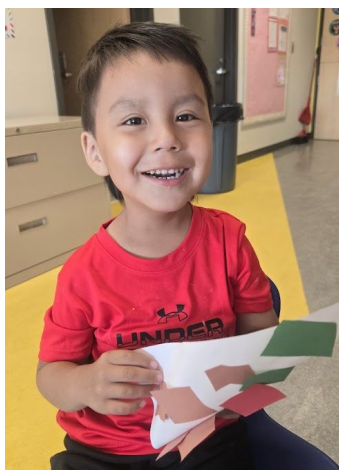
I can't believe the first month of school has come and gone so quickly! The kids have worked so hard on transitioning from one activity to the next and getting used to our routines. Our focus was learning through play to get to know one another and to learn how to share and be a kind friend. We are learning how to use the different school supplies and about all the things they can do and create. We are also focusing on our fine motor skills and enjoying different sensory activities.

## K5

In K5 we are settling into our routines and starting to move through some curriculum. In numeracy we are focusing on numbers 1-5. In literacy we have begun to work on recognizing letters and their sounds. We are also working on our letter formation and writing our names. Students are working on a Social unit about Rules and Laws. We have transitioned to a fall theme and will enjoy a Halloween theme later in the month. We had fun going on a field trip to Allstars and walking over to the Teddy Bear Fair this past month. Stay tuned for another fun field trip towards the end of October.

## GR.1

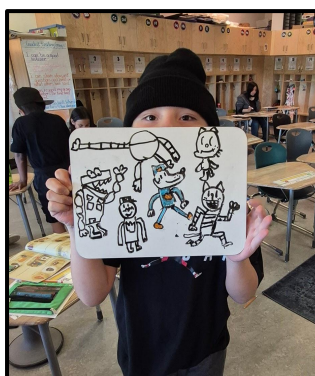
It has been a wonderful first month of school in our Grade 1 Class! We have spent time getting to know one another and learning about routines and expectations. We enjoy our morning meetings where we have learned about numbers, days and months and time. We have learned about kindness and respect through many read aloud stories and fun activities. We have learned about Creator-made landmarks vs people made landmarks in Social Studies, and about mixing colours in Science and Art. We have been practicing our printing each day as well as reviewing the sounds each letter makes. We are getting ready to move on to the next step of reading and will be starting reading groups this month. Your children will be bringing home books to read with their families so look for the home reading packages coming home soon! October is going to be filled with beautiful colours and lots of adventures!



**GR.2** Hello Super Second Graders and families! N'it! (Hello!) Wilaysim Gaakhl way' (My name is Knowledgeable Raven). Lillian Lincoln from Nass Valley (Gitlakdamiks, BC) of the Raven Tribe. I have been a teacher since 1997 and have taught all grades (K-12) as well as a Vice Principal for a few years. I have seven beautiful children and nine grandchildren. I am married to a wonderful hubby for nineteen years. I am late to the game, but jumped in the classroom boots to the ground! Excited and looking forward to getting to know your wonderful school and the team! For this month we are going to be building the foundation of our classroom so that we may successfully proceed onto lots of fun while learning!



**GR.3** Hello from the grade 3 class. In class, we are working on the Ufli program, which is part of our English and language arts curriculum. We have completed two lessons and we are ready to continue to the next level. We had a spelling test and will be ready to learn digraphs. In math, we are reviewing numbers to 100 and place value. For Science, we are learning about Matter and their states: liquid, solid and gas. In Social studies and wellness, we have been learning about our feelings and we will learn how to regulate our emotions. We have also been learning many fun games for transitioning and to help us to take body breaks. We look forward to what we will learn next! Parents and guardians, please remember to send your child with indoor shoes and a warm sweater. The weather will be chilly on most mornings and we need to stay healthy, so we don't get sick. Please refrain from sending your child with toys or electronics and don't forget about our no backpacks at school rule. For our class party, we have 18 students, if you would like to bring treats for our Halloween Party at 2 pm, you are welcome to do so! Halloween is on Friday, Oct. 31! Thank you!! Ms. Wolfe



**GR.4** Time sure flies when you are having fun! Ms. Jenna, Mr. Storm and I can't believe it is October already! In English Language Arts this month the grade 4 class will be working on our sentence building and parts of speech. We plan on reading as many books as possible to work on making predictions and connections with what we are reading. In Math students will be learning about time and developing their place value and number sense. In science we will continue to investigate the impact that human activity has on our planet and how we, as stewards of the land, can reduce, reuse, recycle and repurpose our waste. Lastly, in Social Studies we will be beginning our unit on Alberta. This also a gentle reminder to send students with warmer jackets as the cold sets in, and to ensure your child has indoor shoes.



**GR.5** We can't believe we are already in October!! What an exciting year we have had so far! This October we will continue our social studies unit on how ancient civilizations have shaped the world we live in today. We will continue our writing unit and daily reading. For math, we will be starting our study of division. Our students have been working very hard on the topics of place value and multiplication. Science we have been covering how matter makes up our world. Health we have been having very important conversations about how media affects our decision making.



**Grade 6-** Tansi! This month has been notably productive as students gets settled in their classroom routines. The school theme for September is "Respect," with students participating in activities to promote respect plus students had the chance to participate with the Edmonton Elks. In English Language Arts, we have concluded our study of the novel "Frindle," and the next book for October reading will be "The Lemonade War." Mathematics instruction has concentrated on enhancing number sense, while in Social Studies, students are expanding their knowledge of Canada and becoming acquainted with its provinces and their capital cities.

## **JUNIOR HIGH**

### **Mrs. Murray:**

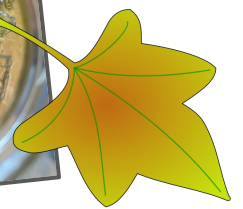
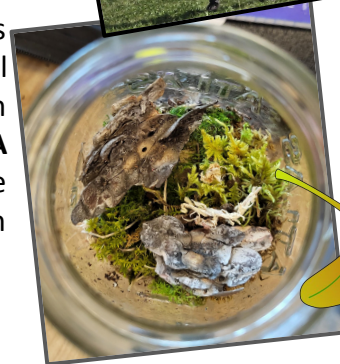
In Math, the Grade 7 class has almost completed their unit on Number Sense where they have been working on the relationship between decimals, percents and fractions and order of operations. After a unit test, we will be moving on to Using Patterns to solve problems. This includes using tables of values, expressions and equations. In Grade 8, We are completing our unit on Collecting, Displaying and Analyzing Data. After our unit test, we will be moving on to Number Sense which includes perfect squares and square roots, ratios, percents, fractions and integers. In Grade 9, we are finishing our unit on Data Analysis and Probability and moving on to operations with powers, order of operations and comparing and ordering rational numbers. In ELA we will continue our focus on reading and writing by working on individualized guided reading.

### **Mr. Christopherson Grade 8**

In **Social studies** we will be moving on in all three grades. We have finished chapter 1 and will be starting chapter 2. This means new presentations and work sheets starting the first week of october. This also means chapter 1 quizzes will be done and term assignments will be handed out. We will also be going on a field trip to Fort Edmonton which will be a great hands on experience for Social Studies. For **ELA** We will continue our focus on reading but will also be adding more writing into the mix. For grade 8 ELA we will start a novel study on the Outsiders!

### **Mr. Fowell:**

In science all the Jr. Highs finished their first of 15 experiments tests, some of the results were really great and I look forward to seeing how things improve over the next few months! October will see the grade 7's finish their ecosystem unit and begin plants for food and fibre. Grade 8 should make it to the end of their big first unit mix and flow of matter. Grade 9's will finish out biodiversity and start on their chemistry unit, not before they extract DNA for their next activity though! Grade 7's buckle up because the end of October we will be spending a week at the UofA for U-School! That should be a great trip with lots of interesting things happening there!



# ACADEMIES

We are looking forward to starting our Academies this month!

## **SPORTS: MR. ASSUMING**

For academies this year I plan to start High Performance Athlete trainings and exercises that would prepare future competitive athletic performance.



## **OUTDOOR ED: MR. FOWELL & MR. RAIN**

Come prepared with sweaters and shoes to spend time outside! We will be doing activities outside and learning survival skills as we figure out how to enjoy the peace, quiet, and food offered to us by nature.

## **ART: MR. BUSHIE**

Our Junior High students seem to be excited about art, and so I am happy to be teaching the first Art Academies class this semester. We will be looking at using line, form, shape, texture and colour to create different works of art using a variety of techniques and media types. I am looking forward to seeing the art we can make this next few months.

## **FOODS: MRS. MURRAY**

We will start foods class with a lesson on safety in the kitchen, how to read recipes, and how to plan the ingredients needed to ensure everyone is prepared on cooking days. Students will be encouraged to research recipes and then get to cook those foods and take home samples of their work. I look forward to tasting some of these amazing creations.

## **MUSIC: MR. CHRISTOPHERSON**

I am very excited to start guitar lessons next with everyone who signed up for music. We will be doing a 12 week comprehensive course in guitar that will take you from a beginner player to being able to play full songs and if you would hard possibly write music of your own. This is the first part of the music program that i will continue in the second and third terms.

## **BEADING AND CULTURAL ARTS: KOKUM YELLOWBIRD**

Learn beading and sewing skills from a master of the arts.

## **WELLNESS**



October has been a month of growth as we continued to build on our routines. Students have been participating in **literacy and numeracy centers**, which provide hands-on opportunities to practice reading, writing, and math skills.

We also introduced **regulation techniques** to support students in recognizing their emotions and developing strategies to stay calm and focused. Alongside this, we are strengthening our classroom routines to encourage independence, responsibility, and a positive learning environment.

Our focus on **wellness** remains central, ensuring that students feel safe, supported, and ready to learn each day.

## LANGUAGES/CULTURE

**NEHIYAWEWIN** : October- Kaskatinow

Pisim awa  
Tansi/Hello

Awa pisim moswa papamohtew etonawat  
mostoswa (This is the month moose starts  
his travels looking for a mate)

Sikoc pikwite kasakewew peyatik  
kapimpayek meskanahk asawapik. (Moose  
could pop out anywhere so be on the lookout  
while you travel on the road.)

Takwakin ekwa meskocipayiw askiy Mistahi  
mionakosiw (Autumn has started and  
Mother Earth is definitely changing her  
colours are vibrant.)

Apisis Macikisin (It's starting to get cool)

Awasisak asaymina maci macinehiyawewak  
ekwa nimamohcikitanan ota mihkowapihk.

(Students are starting their Cree lessons  
again in the tipi and having fun)

Ekosi Pitama Kohkom Yellowbird

## IETHKA

Nah-huh(Today) wah yeh- amba  
waychamnuh ( Tenth month) Abawathtit  
,Dah goo cha wah Toh nah bah eethka ing  
gih uhh bitt (we speak stoney daily) Today  
Tenth month Good relation Today is a  
good day, we are learning basic  
commands in stoney Introductions  
Calendar Counting from 1-10 and our  
Prayers.

Wihneemne Ithgahâ wowabi				
a	aa	â	ââ	
'a' in father	long 'a' in father	nasal	long nasal	
b	c	d	dd	dh
'b' in ball	'ch' in child	'd' in dog	'd' in today	'th' in this
	miciish (son)	igduuzha (thoroughly)	dduwe (what)	dhi (now)
e	ee	ê	êê	è
'ay' in café	'ay' in café	nasal	long 'e' in next	long 'e' in next
ade (dad)	needê (his/her) father	mashdê (rabbit)	iceeciin (may it happen)	
g	h	i	ii	î
'g' in goose	'h' in hot	'e' in me	long 'o' meece	nasal
gigi (with)	habe (shoes)	ishddima (to sleep)	miciish (my son)	hi ha (owl)
îî	j	k	m	n
long nasal	'j' in judge	'k' in kiss	'm' in mother	'n' in nose
	juthgen (small)	Kwa (come)	Mne (lake)	nabe (hands)
o	oo	ô	ôô	ò
'o' in toe	long 'o' or	nasal	long nasal	'o' in ore
awabi (text)	Sooo	nabjôg (nine)	or door	or door
			oponô (to sing)	ôôxdihi (clouds)

## PHYSICAL EDUCATION

Wow! Where did September go!?

We are back into the routines and have gone over how to move safely throughout the gym and being a great friend and participant in PE!

The younger students have been practicing movements and rules and new number games and volleyball movements for Grade 4-9. They have enjoyed the number game for our icebreaker early in the month. The older students have been doing the same sports, but with more structure and a focus on skill building first and then let the games begin!

For Jr. Highs and Grades 5/6 we are hoping to attend some volleyball games at the other nations and get some experience under our belts! Our first volleyball tournament with other nations starts on the Oct 1st 2025 at Alexis.



## LAND BASED: MR. RAIN

I absolutely appreciate everyone's attention regarding September's harvest information and it being elk month. October will be just as interesting as we explore moose, the beginning of trapping season, and more food!